## **School Illness Guidelines**

The following guidelines have been developed to help you determine when your student needs to stay home or go home from school

In most situations, any student who develops new, unexplained symptoms should not return to campus until it is clear that symptoms are mild and improving or are due to a non-infectious cause. For some instances a healthcare provider documentation may be requested.

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| COVID-19 Positive Please notify the school office if your student tests positive   | <ul> <li>Stay home for at least 5 days after START OF SYMPTOMS (day 0) or after the date of first positive test (day 0) if no symptoms.</li> <li>Student may return on day 6 if:         <ul> <li>Symptoms are not present or are mild and improving, AND</li> <li>Fever free for 24 hours without the use of fever-reducing medication</li> </ul> </li> <li>If fever is present, isolation should be continued until 24 hours after fever resolves</li> <li>After a student has ended isolation, if their symptoms recur or worsen, get them tested again and if positive, restart isolation at Day 0. After ending isolation, persons are encouraged and should consider wearing a mask and not removing their mask sooner than Day 10</li> </ul> |
| SYMPTOMS   | Should your student stay home or go home from school?   |
| Fever  | Yes, if  • Fever of 100.4°F or greater, or student acts ill or student unable to comfortably participate in school activities  Must: Stay home until 24 hours have passed since resolution of fever without the use of fever-reducing medications  Recommendation: Student should test for Covid-19   |
| Congestion: Nasal<br>Drainage/Cough/ Sore<br>Throat  | Yes, if  • Student looks/acts ill, or can not comfortably participate in school activities  • Difficulty breathing  • Persistent cough or nasal drainage not easily managed  • Wheezing, if not previously evaluated and treated  Recommendation: If symptoms are not improving, student should test for Covid-19   |
| Headache<br>Fatigue/ Muscle or<br>Body Aches   | Yes, if  • If symptoms do not go away after resting • Student looks/acts ill, or can not comfortably participate in school activities • Recent history of head injury  Recommendation: If symptoms are not improving, student should test for Covid-19  |
| Diarrhea/Vomiting  | Yes, if  • Diarrhea/Vomiting in prior 24 hours, keep home for 24 hours after the last episode • Student looks/acts ill, or can not comfortably participate in school activities • Student wears diapers and stool is not contained in the diaper • Recent history of head injury  Recommendation: If symptoms are not improving, student should test for Covid-19   |
| New loss of taste/ smell   | Recommendation: Student should test for Covid-19  |
| Eye Irritation and or<br>Pinkeye/<br>Conjunctivitis  | Yes, if  • Red eyes with significant yellow/mucus drainage • There is an outbreak in a classroom or recommended by healthcare provider  |
| Rash   | Yes, if  • Significant rash • Oozing/open wound with active drainage  Must: Student may return to school with no rash or with a note from healthcare provider indicating the student's condition is non-infectious  |
| Stomach Ache   | Yes, if  Student looks/acts ill, or can not comfortably participate in school activities  Severe pain that continues for more than two hours  Associated with diarrhea or vomiting, bloody/black stools, or stomach ache after injury.  |

Health Services •Revised 9/2023 - Reference Material: AAP Recommendation for School Exclusion, CDPH COVID-19 Public Health Guidance for K-12 Schools, OCHCA Quick Reference for Exclusion of Students